



DC WATER WIZARDS SWIM TEAM NATIONAL SENIOR GAMES 2023 RESULTS SUMMARY

Awards Summary/Medals & Ribbons Count: 28 Medals & 30 Ribbons
(22 Medals/28 Ribbons for Individual Events and 6 Medals/2 Ribbons for Relays)

Gold Medals: 8

Silver Medals: 11

Bronze Medals: 9

Fourth Place Ribbons: 10

Fifth Place Ribbons: 7

Sixth Place Ribbons: 6

Seventh Place Ribbons: 5

Eighth Place Ribbons: 2

Individual Season Personal Best Swims: 63 out of 100 Total Swims

National Senior Games Top Ten Qualifying Swims: 5

Karyn Baiorunos – 400 Individual Medley

Kathy Labukas – 50 Backstroke, 100 Backstroke

Anne Forster – 400 Individual Medley

Luis Salazar – 400 Individual Medley

Water Wizards Team Records Broken: 32 Individual Events & 5 Relays

INDIVIDUAL EVENT TEAM RECORDS:

Ernestine Brown (Women 85-89)

200 Backstroke, 100 Freestyle, 200 Freestyle, 500 Freestyle

Arthur Linder Sr. (Men 75-79)

100 Breaststroke, 200 Breaststroke

Karyn Baiorunos (Women 75-79)

100 Backstroke, 100 Individual Medley, 400 Individual Medley

Kathy Labukas (Women 70-74)

50 Backstroke, 100 Backstroke, 50 Freestyle, 100 Freestyle, 100 Individual Medley

Marvin Blount (Men 70-74)

50 Butterfly

Bruce Bradford (Men 70-74)

50 Breaststroke, 100 Freestyle

Cynthia Nordone (Women 60-64)

50 Butterfly

Luis Salazar (Men 55-59)

50 Backstroke, 100 Backstroke, 200 Breaststroke

Anne Forster (Women 55-59)

100 Butterfly, 100 Breaststroke, 100 Individual Medley, 200 Individual Medley

Kim Dustin (Women 55-59)

100 Backstroke, 100 Freestyle, 200 Freestyle, 500 Freestyle

David Diaz (Men 50-54)

50 Butterfly, 100 Butterfly

Rob Sokol (Men 50-54)

200 Freestyle

RELAY EVENT TEAM RECORDS:

200 Mixed Medley Relay (Ages 75 Plus) E Brown, A Linder Sr. K Baiorunos, N Greene

200 Mixed Freestyle Relay (Ages 75 Plus) E Brown, N Greene, A Linder Sr., K Baiorunos

200 Mixed Medley Relay (Ages 70 Plus) K Labukas, K He, M Blount, B Bradford

200 Mixed Medley Relay (Ages 55 Plus) L Salazar, A Forster, M Tingstrom, K Dustin

200 Mixed Freestyle Relay (Ages 55 Plus) L Salazar, A Forster, K Dustin, M Tingstrom

EVENTS/PLACING:**INDIVIDUAL EVENTS:****Ernestine Brown (Women 85-89)**

Event	Place
200 Backstroke	3 °*
100 Freestyle	5 °*
200 Freestyle	5 °*
500 Freestyle	5 °*
100 Backstroke	5 °
50 Backstroke	6 °

Karyn Baiorunos (Women 75-79)

Event	Place
200 Breaststroke	2
400 Individual Medley	4 °* ^
100 Individual Medley	4 °*
100 Breaststroke	4 °
100 Backstroke	8 *
200 Individual Medley	N/S

Arthur Linder Sr. (Men 75-79)

Event	Place
200 Breaststroke	5 °*
50 Breaststroke	7 °
100 Breaststroke	7 °*
50 Freestyle	11
50 Backstroke	14 °

Kathy Labukas (Women 70-74 Maryland)

Event	Place
100 Backstroke	4 °* ^
50 Backstroke	7 °* ^
500 Freestyle	8
100 Freestyle	10 °*
100 Individual Medley	10 °*
50 Freestyle	13 °*

Nevitt Greene (Men 75-79)

Event	Place
50 Breaststroke	6 °
50 Backstroke	12

°Season Personal Best Time

* Team Record

^ National Senior Games Top Ten Time

Marvin Blount (Men 70-74)

Event	Place
100 Butterfly	10
200 Individual Medley	10
50 Butterfly	15 ° *
100 Individual Medley	22 °
50 Freestyle	25

Bruce Bradford (Men 70-74)

Event	Place
100 Freestyle	16 ° *
50 Breaststroke	17 ° *
100 Breaststroke	18
50 Freestyle	22

Lawrence Thurston (Men 70-74)

Event	Place
50 Butterfly	16
200 Freestyle	25 °
50 Freestyle	29 °
100 Freestyle	29 °

Kaixin He (Women 70-74 Maryland)

Event	Place
200 Backstroke	10
200 Breaststroke	11
100 Breaststroke	15
500 Freestyle	18
200 Freestyle	19
100 Individual Medley	21

Yvonne Bell-Vanderhoof (Women 70-74)

Event	Place
200 Breaststroke	7 °
100 Breaststroke	9 °
200 Freestyle	12 °
50 Backstroke	14 °

Ruth Eisenberg (Women 70-74)

Event	Place
500 Freestyle	19 °
200 Freestyle	21 °
100 Freestyle	28 °
50 Freestyle	36 °

Mary Greer (Women 65-69)

Event	Place
200 Freestyle	32 °
50 Freestyle	38
100 Freestyle	N/S

Gabrielle Doyle (Women 60-64)

Event	Place
200 Backstroke	10
200 Individual Medley	11 °
100 Backstroke	13 °
500 Freestyle	15 °
200 Freestyle	22 °

Cynthia Nordone (Women 60-64)

Event	Place
50 Butterfly	15 ° *
100 Breaststroke	15
50 Freestyle	24 °
200 Freestyle	24
100 Individual Medley	28 °
100 Freestyle	29 °

Luis Salazar (Men 55-59)

Event	Place
400 Individual Medley	1 ^
200 Backstroke	1
200 Breaststroke	2 ° *
100 Backstroke	2 ° *
50 Backstroke	2 ° *
200 Individual Medley	2

° Season Personal Best Time

* Team Record

^ National Senior Games Top Ten Time

Mary Donatelli (Women 55-59)

Event	Place
200 Backstroke	6 °
100 Backstroke	11
100 Breaststroke	12
500 Freestyle	14 °
200 Freestyle	15
100 Freestyle	16 °

David Diaz (Men 50-54)

Event	Place
100 Butterfly	1 °*
200 Individual Medley	1 °
50 Butterfly	2 °*
50 Backstroke	2 °
100 Backstroke	2 °
100 Individual Medley	3

Kim Dustin (Women 55-59)

Event	Place
500 Freestyle	3 *
200 Backstroke	4
200 Freestyle	5 *
100 Freestyle	6 °*
100 Backstroke	6 *
50 Backstroke	6 °

Rob Sokol (Men 50-54)

Event	Place
200 Individual Medley	2 °
500 Freestyle	2
200 Freestyle	3 °*
50 Butterfly	3 °
100 Individual Medley	4
100 Freestyle	4

Anne Forster (Women 55-59)

Event	Place
400 Individual Medley	1 ^
200 Breaststroke	2
200 Individual Medley	3 °*
100 Butterfly	4 °*
100 Breaststroke	5 °*
100 Individual Medley	7 °*

RELAY EVENTS:

Event (Ages 50 Plus)	Place
200 Mixed Medley Relay G Doyle, D Diaz, R Sokol, M Donatelli	3
200 Mixed Freestyle Relay D Diaz, B Bradford, C Nordone, M Donatelli	3
200 Mixed Freestyle Relay G Doyle, L Thurston, Y Vanderhoof, R Sokol	4

Event (Ages 55 Plus)	Place
200 Mixed Medley Relay L Salazar, A Forster, M Tingstrom, K Dustin	1 *
200 Mixed Freestyle Relay L Salazar, A Forster, K Dustin, M Tingstrom	1 *

Event (Ages 70 Plus)	Place
200 Mixed Medley Relay K Labukas, K He, M Blount, B Bradford	1 *

Event (Ages 75 Plus)	Place
200 Mixed Medley Relay E Brown, A Linder Sr., K Baiorunos, N Greene	4 *
200 Mixed Freestyle Relay E Brown, N Greene, A Linder Sr., K Baiorunos	3 *

° Season Personal Best Time

* Team Record

^ National Senior Games Top Ten Time